

# Hope and Faith: Organic farming project

## Fencing

We fenced the plot in preparing to plant immediately when we received the finances. All our kids were happy and enjoyed doing the work.



Fence costs: kshs 40,000

## Land preparing

Together again with the children we prepared the land by harrowing as it waits the drip installation. This impressed the kids because they enjoyed the activities. Some were refusing to come out from the farm during lunch hours. This creates an environment that fosters social interaction for all children.

The nonverbal communication skills and the situation awareness will improve, too.



## Drip installation and piping

We have already installed the drip kit and it's already operational and the piping was done up to our farming place.



Drip set installation: kshs 20,000

Piping and labor costs: kshs 18000

## Plantation and Seedling

We have planted spinach kales, amarathas, managu and other greens.

This was proudly done by the children. They are now busy watering and generally taking care of their plant. It's an exciting adventure for the whole team at the center. We can see that regular participation promotes positive advancements to the children.



Seedling costs: kshs 7000

Manure costs: kshs 6000

## Wonder garden

The wheelchair users were not left behind. We came up with the strategy of a wonder garden where they are engaged with the same activities. They push their wheelchair around and they water and plant and they also put manure to the plants.

This increases their coordination and improves their lifestyle. It increases their competency in gross motor skills and strength endurance. The activities create body awareness.



Wonder garden costs: kshs 7500

The benefits of this project so far:

The activities

- help to control obesity
- improve self-esteem and social skills
- increase competency in gross motor skill
- encourage an active lifestyle and maintain motivation in various areas
- give peaceful sleep
- balance base patterns
- make sensory activities a positive experience through the movements

## **Conclusion**

We want to thank our partners for the support of our effort to establish the organic farming.

The project has impacted the children positively. It has inculcated a sense of responsibility as they take care of the plants. This has also assisted them to be busy during the day.

Since we started the farming activities, we are pleased to report the change during night hours. The children are now sleeping well. They do not wake up in the middle of night and start disturbing others so that they are unable to sleep well when they are banging on a door or screaming all over.

We are grateful again for your support!

Marion Karimi